



**Health Medicine Forum presents:**

A series of health talks for dynamic integrated health solutions

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# New prescriptions for Addictions

Updated Information About Treatments, Biochemistry, Psychology, Counseling and Nutrition

**Friday, May 30**  
6:30 to 9:30 p.m.



**John Muir Medical Center**  
Walnut Creek, Ball Auditorium

**HMF members: FREE**  
**Nonmembers: \$15**

**New medical approaches, current treatments and their flaws, the biochemistry of addiction, nutritional aspects**



**Richard Gracer, MD**

• Board certified in family practice and pain management • Certified by the Am. Society of Addiction Medicine • Assist. clinical professor at UCSF, 1980-2005 • Medical director of the Gracer Behavioral Health Services • Author of "A New Prescription for Addiction"

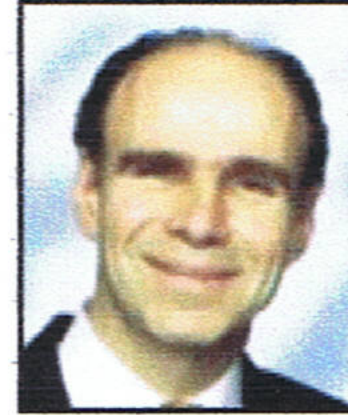
**Psychosocial evaluation, readiness to change, evidence based counseling methods that work**



**Steven Peterson, LCSW, CADC III**

• Licensed clinical social worker • Masters in social work • Certified alcohol and drug abuse counselor (CADC III) • Professor at U of Wisc. in substance abuse • Speaker at Social Work and Substance Abuse Counselor conferences • Research scientist with several publications

**Nutrition for a natural high: Recovering from addiction with nutrients and a more healthy lifestyle**



**Dick Kunin, MD**

• Postgraduate medical training at UCSF and Stanford • Pioneer in nutritional medicine: the use of vitamins and minerals for health • Author of many books including: "Meganutrition" • Board certified in psychiatry

Listen to interviews with the speakers @ [www.HealthMedicine.org](http://www.HealthMedicine.org)

**Refreshments available**

**2 CEUs for RNs**

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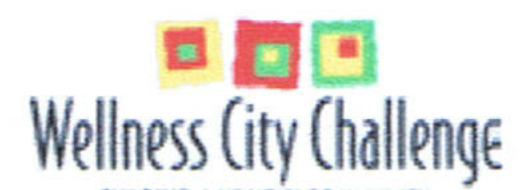
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