



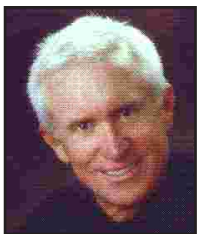
The Health Medicine Forum *presents*

Reversing Type II Diabetes

Practical cutting edge breakthroughs to prevent or eliminate diabetes without the need for drugs. Learn what you can do to reverse the metabolic syndrome that 25% of American's suffer from.

Friday,
Nov. 10, 2006
at the
Lafayette
Veteran's Hall

The speakers:



Frank Shallenberger, MD

- Anti-Aging Medicine specialist
- He is best known for his research involving the use of oxidative therapy for immune related disorders
- Licensed in conventional, alternative and homeopathic medicine
- Practice is in Carson City, Nev.
- Author of *The Type-2 Diabetes Breakthrough: A Revolutionary Approach to Treating Type-2 Diabetes and Bursting with Energy*



Ed Bauman, M.Ed, Ph.D.

- A ground-breaking leader in the field of whole foods nutrition, holistic health, and community health promotion.
- Created the 'Eating for Health' nutrition system
- Director of Bauman College
- Practice is in Penngrove
- Author of the *Holistic Health Handbook, The Nutritional Healing Book, Confronting Cancer in Our Community*

The facilitator:

Len Saputo, MD

- Founder/director of Health Medicine Forum
- Talk radio show host "Prescriptions for Health," on KEST, 1450 AM
- Founder/director of the Health Medicine Institute in Lafayette

Follow-up workshop for practitioners:

Monday, Dec. 11: This is a workshop for practitioners only and will delve into more specific details of what it takes to prevent and reverse type II diabetes.

The admission:

- \$15 for the general public
- \$5 for Health Medicine Forum members

The schedule:

6 - 7 p.m.

- Registration
- Organic, theraputic foods available
- Visit with sponsors • Network
- Learn about future HMF events

7 - 8 p.m.

- Lectures by guest speakers

8 - 8:30 p.m.

- Organic, theraputic foods available
- Visit with sponsors
- Visit with guest speakers

8:30 - 9:30 p.m.

- Dr. Saputo leads a discussion with guest speakers
- Audience participates in Q&A

Organic supper available

Next event:

Jan. 12, 2007: The Dental Connection: Exploring the relationship between dental health and chronic diseases.

2 CEUs for RNs! CEU#12815
at all HMF events

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